



# WHANGAPARAOA COLLEGE

*Together □ Believe □ Achieve □ Ngātahi whakapono tutuki*

## Newsletter

Term 4 Issue 2 2019

*Teaching is the one profession that creates all other professions.*

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## From the Principal's Desk

### **Kids these days are always on their devices - NOT.**

I often walk around our grounds at interval and lunchtime. It's a great opportunity to connect with our learners and to get a feel for how things are around our fine school. When wandering, I see our young people playing handball, netball, basketball, as well as challenging themselves on the adventure playground, playing school-wide tag, talking to each other and generally having fun.

What I don't see are kids on their devices. By contrast, on the occasions when I need to be away from school during the school day, and am perhaps walking through a mall or office area, what do I see? The majority of adults are on devices - even if they are sitting across from a friend or partner at a cafe.

### **Keys to Hauora (Wellbeing)**

Sure, we all know it's important to eat well (I'm referring to the quality of the kai, not the quantity!), exercise regularly and get plenty of sleep.

No surprise there; but our physical wellbeing is only part of the total package. The other three components of our hauora (mental, emotional and spiritual) impact each other as well as our physical wellbeing.

There are many great ideas, opinions and resources on this topic. I recently googled, "keys to hauora / wellbeing" and was rewarded with 2.5M hits!

So, to help narrow this a little, let me suggest two wee treasures based on many decades of observation, and supported strongly by research:

- Do something for others. It's amazing how simple acts like listening, helping in a practical way, giving something (like cookies!), or just hanging out make you feel good. It doesn't seem to matter whether we give to friends, family, colleagues, strangers, peers, old or young - it just works.
- Do something you're good at. Succeeding at something is good for us. For a small number that will be on the world or national stage, but for most of us it can be much closer to home.

There are, of course, other key aspects to hauora, but if we aim to improve our hauora and that of our whanau, one bit at a time, it's more manageable, and more likely to stick.

### **Secondment to the Teaching Council**

During November, I will be working for the Teaching Council. I will be helping with a short term project, in which they want ideas and the perspective of a current principal.

Graeme Williams will be the Principal and Tim Bayes-Powell joins the Senior Team as a Deputy Principal.

Continued over page

### Contact Us

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8 Stanmore Bay Road  
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Auckland  
New Zealand

### Postal Address:

PO Box 775  
Whangaparaoa  
Auckland 0943  
New Zealand

### And lastly:

- I'm delighted with the response to our new initiative whereby study leave will not be automatic.
- Our Year 13 learners had a very positive last few days - fun and respectful.
- If you have children sitting NCEA exams, encourage them to do (not just look at!) old papers, and then check the answers.

Let's keep focused, keep connected - and finish well.

Ka kite ano



**James Thomas**  
Principal

### Enrolment 2020

## ENROLMENT NIGHT

Tuesday 12 November 4.00 - 6.30 pm

## CONTACT

Tracey O'Neill

Enrolment Administrator

Tel: 09 424 9177 extension: 209

Email: [enrol@wgpcollege.school.nz](mailto:enrol@wgpcollege.school.nz)

<http://www.wgpcollege.school.nz>

### Project-based Pod

Have you heard about the Project-based Pod? The Project-based Pod is a class that uses Project-based learning and Design Thinking approaches. This class provides flexibility for learners to personalise their learning by choosing what they would like to learn about. They choose Achievement Standards to complete that are linked to their projects, so they are able to meet the requirements of NCEA.

Check out our website to find out more:

<https://sites.google.com/wgpcollege.school.nz/wgpproject-basedpod/home>

## Performing Arts Prizegiving

Our Performing Arts Prizegiving saw a variety of tremendous pieces from our fantastic college bands and performance groups.

The prizes awarded exhibited the vast talent of committed learners we are lucky enough to have involved in performing arts at Whangaparaoa College.

The major award winners for 2019 were:

Outstanding Contribution to Dance Jnr	- <b>Bianca Lungu</b>
Outstanding Contribution to Drama Jnr	- <b>Jonte McCowan</b>
Outstanding Contribution to Kapa Haka Jnr	- <b>Braydyn Rangitutia</b>
Outstanding Contribution to Music Jnr	- <b>Rosie Risbrook</b>
Overall Cultural Excellence Jnr	- <b>Rosie Risbrook</b>
Outstanding Contribution to Dance Snr	- <b>Lily Watts</b>
Outstanding Contribution to Drama Snr	- <b>Laura Fereday</b>
Outstanding Contribution to Kapa Haka Snr	- <b>Aliyah Wiperi</b>
Outstanding Contribution to Music Snr	- <b>Samuel Wilcox-Brown</b>
Outstanding Cultural Achievement Snr	- <b>Nate Iosefa</b>
Overall Cultural Excellence Snr	- <b>Madeleine Gurau</b>



For more pics, click [here](#)

## Visual Arts Exhibition

Nine Year 8 learners from Whangaparaoa College have had work selected for the Auckland Year 7 and 8 Visual Arts Exhibition.

This exhibition is held at **Silo 6 in the Wynyard Quarter** with over 40 schools participating. It opened on Sunday 3 November and runs for a week, closing on Sunday 10 November at 10.00 am.

We are very proud of these learners and the amazing art works they have produced.

Congratulations to the following exhibitors:

Soraya Trotter	Maia Keenan
Kyra Fox	Macy Breingan
Evan Alexander	Finn Marley
Zaander Ward	Rylan Turrell
Maya Russell	

## Sport

Well done to **Jonny Milne** for competing in the 2019 Judo Nationals, gaining the title of New Zealand National Champion, Senior Boys Under 36kg.



Congratulations to **Siina Cooke** who has achieved these excellent results in her recent Swimming and Surf Lifesaving competitions:

Surf Lifesaving Pool Rescue Nationals  
Tube Rescue Under 12 - Gold  
Obstacle Relay Under 12 Mixed - Gold  
Medley Relay Under 12 Mixed - Gold  
Brick Relay Under 12 Female - Bronze  
Counties Manukau Swimming Championships  
50m Breaststroke 11years Female - Silver  
100m Breaststroke 11years Female - Bronze



### Touch Zone Day

We took one girls team and one boys team to this zone day last week to compete against other North Harbour schools. It was a great day and all the learners had a really good time. The boys placed 4th overall in their grade. Well Done!



### Tag Junior Tournament

One boys team and one girls team attended the Tag Junior Tournament in Massey last week, with both placing to go through to the Auckland Champs Tournament. Good work teams. Well Done!





## Careers

### Student Job Directory

*MoneyHub* has published a comprehensive directory of student jobs for summer 2019-2020. With 50+ well-known employers listed and links to their student job application details, there is something for everyone. Getting a summer job is a lot easier with this guide, exclusive to MoneyHub. To access the guide, visit the [MoneyHub Student Job Directory](#).

## Attendance Matters

Attendance is an important issue that affects the whole community – your school, learners, parents and whānau, iwi and the wider community. Learner attendance has a clear influence on their engagement and achievement. All learners must be present at school, so they can participate and engage in learning. If learners arrive at school after 8.40 am, please sign in at the main office. If they are going to be away from school sick for three or more days, please provide the ACG Kaiarahi or Tutor with a copy of a Medical Certificate.



## Upcoming Events

<b>November</b>	6	Kick Start, Programmes 1&2 Boys Badminton Zone Day
	7	Year 7/8 EPro8 Semi Final, Pasadena Intermediate NCEA Exams begin Bronze Duke of Edinburgh Training Day Year 7 Auckland Maritime Museum, 7JAR/7LIT Girls Badminton Zone Day
	8	Year 7 Auckland Maritime Museum, 7WDF/7SMM
	9-10	Bronze Duke of Edinburgh Tawharanui
	11	Golf Zone Day, Warkworth
	12	Year 9/10 Jnr Tag Auckland Champs <b>Enrolment Night, 4.00 – 6.30 pm</b>
	13	Kick Start, Programmes 1&2
	14-22	Tsunan School Visit from Japan
	15	N/H Athletics Zone Day, AUT Millenium Year 7 Biz Tech Labs Comp, Botany Secondary School Year 7 Disco, Gymnasium, 6.00 - 8.00 pm
	19	Boys Beach Volleyball Junior Arts Showcase, 4.00 – 5.30 pm
	20	Girls Beach Volleyball Year 10 Massey University Taster Day Kick Start, Programmes 1&2 and Parent Meeting

For more information from our school calendar please see [Quick Links](#)

## Sponsor a Youth Worker



**Coast Youth Community Trust (CYC)** has worked in the Whangaparaoa community since 2006, providing youth workers and family services through presence based youth work. Whangaparaoa College has been our main hub and focus for the past 14 years, and we absolutely love working with the staff and students.

As a charitable trust, CYC relies on the support of our local and national community to continue our work with these incredible students.

We'd love you to support us by sponsoring a youth worker! The average cost per youth worker is \$800 a month and all donations are gratefully received and hugely appreciated.

The web address to sponsor is <https://www.cyctrust.org.nz/sponsorship>.

When you sponsor a youth worker, you're impacting an average of 400 young people in the Whangaparaoa community each month. Once you become a sponsor, we'll send you updates of your youth worker's work and impact. You'll be part of our CYC community!

Thank you so much for your ongoing support.

## BYOD Deals

Whangaparaoa College have teamed up with suppliers of BYOD devices and accessories to offer our community access to online deals.

To access the deals at:

**Cyclone** please click [here](#) and enter the password: **wgpcbyod**

**PB Tech** please click [here](#)

## Stowaway Lockers

### Be in quick – limited lockers available.

If you wish to reserve a locker for 2020 or keep your current locker, you will need to fill in an online order form at:

<http://www.stowawaylockers.co.nz/order-form/> as soon as possible.

If you no longer require your locker in 2020, please let us know by email [info@stowawaylockers.co.nz](mailto:info@stowawaylockers.co.nz). You will need to return your key at the end of the term, sellotaped to a piece of paper (with your details) for your bond refund. Ensure the locker is left empty as any remaining items will be disposed of at the end of the year. Keys will need to be received within one week of the end of Term 4, and can be posted to:

**Stowaway Lockers, 220 Ngunguru Road, RD3, Whangarei 0173.**

Refunds will be direct credited to your bank account in January 2020.

## Community Notices

### Supporting success in your school.

If you're a parent, staff member or member of the school community and you take out a new ASB home loan of \$250,000 or more, ASB will donate \$500 to your chosen participating school.

# \$500

ASB's lending criteria and terms apply. Fees may apply.  
Eligibility criteria - Documentation of the facility agreement must be done by 30 June 2020.  
For this promotion to apply, you must make mention of it during the home loan application.  
Only applies to loans which are secured by residential owner-occupied property with a minimum of 20% equity. The offer is limited to one donation per new home loan. The donation will be made to the chosen school on complete draw-down of the home loan. Excludes lending through brokers. Full eligibility criteria, exclusions, terms and conditions are available at [asb.co.nz/promotions/supporting-success-in-your-school.html](http://asb.co.nz/promotions/supporting-success-in-your-school.html)

**ASB**  
ONE STEP AHEAD

ASB Bank Limited 56290 124788 0719

Contact your local  
Whangaparaoa  
ASB Branch on  
09 421 9810 for  
further information  
on great home loan  
rates, and how you  
can help support  
Whangaparaoa  
College with a  
\$500 donation.



WHANGAPARAOA COLLEGE

## Coast Physio and Hand Clinic

( in Admin block )

Convenient on site treatment for:

- Sports Injuries
- Neck and Low back pain
- Adolescent Growth Injuries/Pain
- Hand/wrist injuries

No referral required

Hand Clinic: Tuesdays and Fridays from 9:00am to 11:00am

Physio Clinic: 11:30am-2:30pm Monday, Wednesday, and Friday

For an appointment please phone 09 424 1309, or text 021 187 3299

Tom



Angela



[coastphysio.co.nz](http://coastphysio.co.nz)



## Sponsorship and Support

**THANK YOU TO OUR WONDERFUL COMMUNITY BUSINESSES AND TRUSTS FOR THEIR SPONSORSHIP AND SUPPORT OF OUR COLLEGE LEARNERS.**



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